



Accommodation is available in the Melbourne CBD and surrounding suburbs.  
 However, during this busy time of year, options may be limited.  
 Please contact [www.Melbourne.Hotel.com.au](http://www.Melbourne.Hotel.com.au) for direct bookings.



Angela Fundak



Todd Harper



Stavroula Zandes



Toby Freeman



Mike Morgan



Clare McNally



Colleen McCarthy



Garry Pearson

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**ANGELA FUNDAK**

Graduating as a Dental Hygienist over 20 years ago, a diverse career path has provided experience in general and specialist dental practice, health education, professional association executive roles as well as Business Management responsibilities for the oral care industry in Australia, United Kingdom and Switzerland.

**TODD HARPER**

Since joining the organisation as Executive Director in 1999, Todd Harper has led Quit Victoria through a period of significant tobacco control reform at both a State, and Federal level. As well as working extensively on policy advice and advocacy for smokefree legislation, Todd has been instrumental in the development of several highly successful quit smoking social marketing campaigns. In 2004, Todd became the Director of the Tobacco Control Unit, which incorporates both Quit Victoria and the VicHealth Centre for Tobacco Control. Prior to taking up his role at Quit, Todd was Executive Director of the Tasmanian Council on AIDS and Related Diseases. This followed Todd's work in various positions for Tasmania's Department of Health and Human Services.

**STAVROULA ZANDES**

Stavroula has a background in psychology and has worked at Quit Victoria since 1992, as a Quitline counsellor and as Quit's Multicultural Coordinator. Stav now manages the cessation training area for health professionals. Quit's training program encompasses a range of settings including oral health, pharmacy, general practice, maternity care, mental health and cardiac. It also includes Educator training to enable participants to conduct Quit courses. Stav has been involved in training throughout Victoria, interstate, and more recently in Kiribati, one of the South Pacific islands.

**TOBY FREEMAN**

Toby Freeman is a PhD student at the National Centre for Education and Training on Addiction at Flinders University. Toby has an Honours degree in Psychology and his PhD is on the role of dental hygienists in identifying patients who smoke and assisting patients to quit smoking.

**MIKE MORGAN**

Mike holds the Inaugural Colgate Chair of Population Oral Health at The University of Melbourne and is Deputy Head of the School of Dental Science. He leads Clinical Trials and Oral Health Informatics within the Co-operative Research Centre at the School. Mike is a previous president of the ANZ Division of the IADR, and a current member of the Dental Practice Board of Victoria.

**CLARE MCNALLY**

Clare graduated as a dental hygienist from Curtin University in 2000. She has worked extensively in general and periodontal practices. She teaches in the Bachelor of Oral Health program at The University of Melbourne and has been involved in a research project investigating the utilisation of dental hygienists in nursing homes by screening residents and providing preventive treatment and oral health education. Clare served as President of the Dental Hygienists' Association of Australia (Victorian Branch) Inc from 2005 to 2006. During her two year term as President, Clare has worked to increase the profile of dental hygiene particularly within the public sector.

**COLLEEN MCCARTHY**

Along with her qualifications of educator and assessor Colleen is a registered dental therapist with the Dental Practice Board of Victoria. Her current position is Lecturer and Coordinator in the Bachelor of Oral Health Science, Faculty of Health Sciences Building Latrobe University Bendigo.

**GARRY PEARSON**

Garry has been CEO of the Australian Dental Association Vic. Branch Inc. (ADAVB Inc.) since 1991. He has worked closely with Quit Victoria in recent years on smoking cessation programs for dentists and their staff, and consistently promoted a more proactive role by dentists in discussing the impact of smoking on oral and general health with their patients, and referring them to the Quitline.



# TOBACCO USE PREVENTION AND CESSATION For Oral Health Professionals

February 2nd and 3rd 2007

Melbourne Town Hall  
Swanston Street  
Melbourne Australia

## KEYNOTE SPEAKER Dr. Christoph Ramseier

University of Bern, Switzerland  
University of Michigan, USA

Approved by the  
Dental Practice  
Board of Victoria for  
up to 12 hours of  
CPD credit

# ABOUT THE PROGRAM

Tobacco use in Australia is linked to 19,000 deaths every year.<sup>(1)</sup> Smoking is the largest single preventable cause of mortality and morbidity in the world today.<sup>(2)</sup> The WHO have recognised the critical importance of tobacco use prevention and cessation (TUPAC) as a primary focus for health professionals.<sup>(2)</sup> In addition, the FDI actively promote the role that oral health professionals can play in promoting TUPAC with their patients.<sup>(3)</sup>

The environment for the delivery of oral health care provides an ideal opportunity for positive interaction towards tobacco use prevention and cessation. However, many oral health professionals may have had limited access to appropriate information to undertake the role of promoting tobacco use prevention and cessation. At the undergraduate level, they may not have experienced the integration of TUPAC to their behavioural sciences education as they progressed through the curriculum.

Therefore in everyday practice, they may feel less confident in providing this intervention due to a perceived lack of expertise and a misconception of increased appointment time. Initiatives from over 10 years ago in the United States have provided a strong platform for the integration of TUPAC into the undergraduate dental curriculum and Continuing Education forums.<sup>(4)</sup> Countries in the European region have also pursued the mandatory inclusion of TUPAC to the undergraduate curriculum.<sup>(5)</sup>

In Australia, the Quit Group, ADA and DHSV have provided resources for oral health professionals to increase their skills and confidence in the area of TUPAC. The aim of this program is to share the knowledge, experience and skills of those involved in TUPAC with a broader audience of oral health professionals and educators. It is envisaged that this interactive symposia will assist in enabling the oral health professional to actively promote Tobacco Use Prevention and Cessation for their patient and community.



Keynote speaker, Periodontist Dr. Christoph Ramseier, has worked in this field of oral health care in Europe and the United States. He is the Chairman of the Swiss Task force "Tobacco – Interventions in Dental Practices" and a Research Fellow at the Michigan Centre for Oral Health Research, University of Michigan. Dr. Ramseier has implemented TUPAC programs in the undergraduate dentistry and dental hygiene curricula as well as post-graduate programs at the University of Bern, Switzerland.<sup>(6)</sup> In October 2005, he chaired the 1st European Workshop for Tobacco Use Prevention and Cessation with representatives from 11 countries.<sup>(7)</sup> The Proceedings of this workshop were published in the March 2006 edition of the journal 'Oral Health and Preventive Dentistry'.<sup>(8)</sup> The workshop outcomes were also presented at the World Conference on Tobacco and Oral Health in Washington, USA July 2006.<sup>(9)</sup>

During this program, Dr. Ramseier will share his experience in this field with a particular emphasis on utilising Motivational Interviewing techniques as a catalyst to behavioural change. Motivational Interviewing (MI) has been utilised extensively in a number of environments to improve the outcome of health care interventions. In the context of dentistry, Motivational Interviewing techniques may be utilised to promote positive behavioural change towards dietary management, improving plaque control and the cessation of tobacco use. As the author of the chapter on Motivational Interviewing in the forthcoming 5th Edition of the eminent textbook 'Clinical Periodontology and Implant Dentistry' (Editors: Jan Lindhe, Thorkild Karring, Niklaus Lang), Dr. Ramseier's experience will provide valuable knowledge exchange with all participants.

## REFERENCES

- Quit Victoria website 'Deaths from Smoking' <http://www.quit.org.au/resources.asp?ContentID=1235>
- World Health Assembly Resolution WHA56.1 Agenda Item 13, May 2003 WHO Framework Convention on Tobacco Control
- Blaugheche R, Benzon H (ed) Tobacco or Oral Health-Advocacy Guide, Federation Dentaire Internationale
- Macklenburg RE, Christen AG, Gerbert B, Gift HC, Glynn TJ, Jones RB, Lindsay E, Manley MW, Severson H. 'How to help your patients stop using tobacco-A National Cancer Institute Manual for the Oral Health Team. US Department of Health and Human Services, Public Health Service, National Institutes of Health, NIH Publication No. 91-3191. 1990 <http://www.adeo.org>
- Ramseier CA et al, Proceedings of the European Workshop on Oral Care and General Health, Session E Smoking Prevention and Cessation, Oral Health and Preventive Dentistry Sup 1 2003 427-42
- Ramseier CA et al, Consensus Report: First European Workshop on Tobacco Use Prevention and Cessation for Oral Health Professionals, Oral Health and Preventive Dentistry 2006 7-18 <http://www.wc3th.org>

## Friday February 2nd

08.00	Registration	
09.15	Welcome and Introduction	Ms A Fundak
09.30	Tobacco Use in Australia	Mr T Harper
10.30	Morning Coffee	
11.00	The impact of tobacco use on general health <ul style="list-style-type: none"> <li>Tobacco Use Disease</li> <li>Tobacco Use Related Diseases: The Oral Mucosa</li> <li>The Periodontium</li> </ul>	Dr C Ramseier
12.30	Luncheon	
14.00	The Oral Health Professional's role in TUPAC <ul style="list-style-type: none"> <li>From past to present</li> <li>The role of the WHO in oral health care</li> <li>The role of the FDI in tobacco control</li> </ul>	Dr C Ramseier
14.45	The Oral Health Network on Tobacco use Prevention and Cessation (OHNTPC) <ul style="list-style-type: none"> <li>First European Workshop on Tobacco use Prevention and Cessation for Oral Health Professionals, 2005, Switzerland</li> <li>Swiss National Stop Smoking Project: Tobacco – Interventions in Dental Practices</li> <li>World Conference on Tobacco and Oral Health 2006 Washington DC, USA</li> </ul>	Dr C Ramseier
15.30	Afternoon Tea	
16.00	The Australasian Oral Health Professional Experience Australian Dental Association Victoria Branch Training Program	Mr G Pearson, Ms S Zandes
16.45	Resources for Oral Health Professionals	Associate Professor M Morgan, Ms C McNally, Ms C McCarthy
17.30	Motivational Interviewing – A paradigm shift in dentistry?	Dr C Ramseier
17.45	Close	
18.00	Welcome Cocktail Party	Supper Room, Melbourne Town Hall

## Saturday February 3rd

09.15	Welcome and introduction	Ms A Fundak
09.30	Promoting TUPAC <ul style="list-style-type: none"> <li>Utilising Motivational Interviewing</li> </ul>	Dr C Ramseier
10.30	Coffee Break	
<b>Group A: (Yarra Room 2nd Floor)</b>		
11.00	Motivational Interviewing in practice (hands-on session)	Dr C Ramseier
13.00	Luncheon	
<b>Group B: (Swanston Hall)</b>		
11.00	The 5 A's – An international framework to help smokers quit Quit Referral Process	Ms S Zandes
13.00	Luncheon	
<b>Group A: (Swanston Hall)</b>		
14.00	The 5 A's – An international framework to help smokers quit Quit Referral Process	Ms S Zandes
16.00	Coffee Break	
<b>Group B: (Yarra Room 2nd Floor)</b>		
14.00	Motivational Interviewing in practice (hands-on session)	Dr C Ramseier
16.00	Coffee Break	
16.30	Future Developments: <ul style="list-style-type: none"> <li>Dental Hygienist Survey Results</li> </ul>	Mr T Freeman
17.00	Closing Remarks	Ms A Fundak
17.30	Close	

# REGISTRATION FORM

**Inquiries:**  
Angela Fundak +61 433 947 927  
angela@sorella.com.au

Name	_____	_____	_____
	First Name	Last Name	
Address	_____		
Postcode	State	Country	_____
Tel	_____		
	Email	_____	

## Registration Fees (Australian Dollars)

Before December 15th 2006	After December 15th 2006
Dentist \$450	Dentist \$490
Hygienist and Therapist \$310	Hygienist and Therapist \$350
Dental Assistant \$210	Dental Assistant \$250
Student \$210	Student \$210

**SUBTOTAL A + 10% GST** \$ \_\_\_\_\_

## Welcome Cocktail Party

Melbourne Town Hall, Supper Room, Friday February 2nd 2007 18.00 – 21.00

Included in Registration Fee – please indicate if you are attending  Yes  No Extra Tickets @ \$70 per head \_\_\_\_\_

**SUBTOTAL B + 10% GST** \$ \_\_\_\_\_

## Payment

**GRAND TOTAL (A+B)** \$ \_\_\_\_\_

**Payment by Cheque**  
Sorella Communications  
(ABN 73 312 298 039)  
PO Box 187, Prahran 3181, Victoria, Australia

**Payment by Electronic Transfer\***  
BSB number: 013-400  
A/C Name: Sorella Communications  
Account Number: 495956943  
Bank: ANZ

\*Please fax your Registration Form to 61 3 9813 8281

Thank you for your registration. We look forward to welcoming you to Tobacco Use Cessation and Prevention for Oral Health Professionals.